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Checklist of Child Characteristics & Concerns

Child's Name: _____ Birth date: _____

Person completing this form: _____

Relationship to child: _____ Date: _____

Please mark all of the items that apply to your child on this checklist. Do not spend too much time on any item, just mark your first impression.

- Abusive of others—physical, sexual, emotional, neglect, cruelty to animals
- Aggression, violence
- Alcohol use
- Anger, hostility, arguing, irritability
- Anxiety, nervousness
- Attention, concentration, distractibility
- Career concerns, goals, and choices
- Codependence
- Confusion
- Compulsions
- Decision making, indecision, mixed feelings, putting off decisions
- Delusions (false ideas)
- Dependence
- Depression, low mood, sadness, crying
- Parents' divorce, separation
- Drug use—prescription medications, over-the-counter medications, street drugs
- Eating problems—overeating, undereating, appetite, vomiting (see also “Weight and diet issues”)
- Emptiness
- Failure
- Fatigue, tiredness, low energy
- Fears, phobias
- Friendships
- Grieving, mourning, deaths, losses, divorce

- Guilt
- Headaches, other kinds of pains
- Health, illness, medical concerns, physical problems
- Housework/Chores
- Inferiority feelings
- Interpersonal conflicts
- Impulsiveness, loss of control, outbursts
- Irresponsibility
- Judgment problems, risk taking
- Legal matters, charges, suits
- Loneliness
- Parents marital conflict,
- Memory problems
- Menstrual problems, PMS
- Mood swings
- Motivation, laziness
- Nervousness, tension
- Obsessions, compulsions (thoughts or actions that repeat themselves)
- Oversensitivity to rejection
- Pain, chronic
- Panic or anxiety attacks
- Perfectionism
- Pessimism
- Procrastination, laziness
- Relationship problems (with friends, with relatives)
- School problems - academic
- School problems - social
- Self-centeredness
- Self-esteem
- Self-neglect, poor self-care
- Sexual issues, dysfunctions, conflicts, desire differences, other
- Shyness, oversensitivity to criticism
- Sleep problems—too much, too little, insomnia, nightmares
- Smoking and tobacco use
- Stress, tension
- Suspiciousness, distrust
- Suicidal thoughts
- Temper problems, self-control, low frustration tolerance
- Threats, violence
- Weight and diet issues
- Withdrawal, isolating